

Class Act Personal Services™

House and Office Cleaning • Organizing • House-Sitting

Bonded, Insured, Licensed

949-350-6916

Monthly Newsletter

February 2016



*Ask
Virginia...*

Many of you in the CAPS Community ask excellent questions. I answered a client's question below...

Question:

I am planning to hire a house or office cleaning company. What are the factors in favor of hiring a cleaner that uses their own cleaning products?

Virginia's Answer:

There are some important reasons why it makes sense to hire a cleaning company that uses its own cleaning products:

First, the client won't need to worry about running out of a particular cleaning product, especially if the client is not present during a scheduled cleaning.

Second, the cleaning staff will be familiar with their own products, how the products are meant to be used, and which surface types a cleaning product is meant for. This minimizes the risk of damage to various surfaces.

Note: A cleaning company may request that a client sign a release-of-liability form, when the client requests that a cleaner use cleaning products supplied by the client.

Happy Chinese New Year!

I would like to wish everyone a Happy Chinese New Year!

The new lunar year begins on Monday, February 8, 2016, and this lunar year will be The Year of the Monkey. In Chinese culture, people born in a year of the Monkey are regarded as clever, witty, intelligent, and likely to have a magnetic personality. However, their personality traits might also include mischievousness, curiosity, and cleverness, which can make them somewhat naughty.



The night before the first day of the Chinese New Year is often the occasion for the annual family reunion. In preparation for this event, houses are thoroughly cleaned in order to sweep away any ill-fortune and to make way for good incoming luck.

The CAPS team would be honored to help you prepare for this special time of year. Our minds are at peace, when our houses and offices are free of clutter and are cleaned and sanitized.

Call Virginia today at 949-350-6916.

*"Hearing something 100 times does not
measure up to seeing it once."*

~ Chinese Proverb ~

From Virginia's Kitchen...

Recipe: Simple, Light and Tasty... Sweet and Sour Chicken

In honor of the Chinese New Year, we are once again featuring a favorite recipe of mine that was included in our CAPS Monthly Newsletter for June 2015... Sweet and Sour Chicken. The secret to this recipe is to "pull" the cooked chicken pieces, rather than slice them with a knife. This will give your finished chicken pieces lots of nooks and crannies and an extra crunchy texture... Enjoy!

Ingredients:

16 ounces cooked chicken, pulled into bite-sized pieces	Soy sauce to taste	2 green peppers, sliced julienne, seeds removed
3 eggs	Sweet and sour sauce to taste	1 cup carrots, sliced
1 cup white flour	16 ounces cooking oil (use for deep frying)	1½ cups canned pineapple chunks
Ground pepper to taste	1 white onion, large, sliced into strips	2 cups white rice

Preparation:

- 1) Heat 14 ounces of cooking oil in a medium-size pot over medium heat.
- 2) Crack three eggs into a large mixing bowl and stir vigorously. Add chicken pieces and coat thoroughly with egg.
- 3) Pour flour into a 9" x 6" Pyrex® baking dish. Add ground pepper to taste. Add egg-coated chicken pieces and coat thoroughly with flour-pepper mixture.
- 4) Add coated chicken pieces to hot cooking oil, a few at a time, and cook until golden brown. Remove to colander lined with paper towels.
- 5) Heat 2 ounces of cooking oil in a large frying pan or wok. Cook carrots, green peppers, pineapple and onion. Add soy sauce to taste (I prefer low-sodium soy sauce).
- 6) Spread cooked rice across serving plate. Cover with carrot-green pepper-pineapple-onion mixture. Add cooked chicken on top. Add sweet and sour sauce to taste (my favorite is the *La Choy* brand).

Servings: 2-plus.

Find other recipes "From Virginia's Kitchen" at ClassActPersonalServices.com/community.htm.

CAPS Services...

Class Act Personal Services provides House and Office Cleaning, Organizing and House-Sitting services.

House and Office Cleaning – The CAPS Team is polite, punctual and focused on your particular house and office cleaning needs. We use soft micro-fiber cloths and high-quality vacuums with filter bags that trap fine dust. A variety of high-quality cleaning products is used. And we use both environmentally-friendly and traditional products.

Important: Everyone on the CAPS Team speaks **English**, which greatly enhances the services that we provide to all of our house and office cleaning clients.

For details regarding our **House-Sitting** and **Organizing** services... ClassActPersonalServices.com/services.htm.

Call Virginia today at 949-350-6916 for a free estimate.

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