

Class Act Personal Services™

House and Office Cleaning • Organizing • House-Sitting

Bonded, Insured, Licensed

949-350-6916

Monthly Newsletter

March 2016



*Ask
Virginia...*

Many of you in the CAPS Community ask excellent questions. I answered a client's question below...

Question:

Sometimes I have guests come over for a visit, and they give me short notice that they are on their way... That's when I notice that my chrome faucets are dull, dirty and covered with fingerprint marks... Is there a quick way to make them sparkle in between visits with my CAPS house cleaner?

Virginia's Answer:

Well, if you are stuck with that "in a pinch" moment to get your chrome shining, you may want to use this little trick. This comes in handy, when you don't have a chrome cleaner and/or polishing product on hand.

I hope you have wax paper on hand. If you do, take a piece of "dry" wax paper and rub it back and forth on the chrome areas. You will need to rub the chrome for a bit, but this method will not only shine the chrome, it will repel water spots as well. This trick works. I have tried it. The shiny effect should last for about one week, before you may need to repeat this process.

Happy St. Patrick's Day!

St. Patrick, or the "Apostle of Ireland," actually started out in the pagan religion. While not much is known about his early life, as many of his life's details were lost to folklore, letters from St. Patrick reveal that he was captured in Wales, Scotland, or another close area outside of Ireland and taken to Ireland as a slave. Years later, he escaped and returned to his family, who were Romans living in Britain, going back to Ireland for mission work after finding a place as a cleric and then Bishop within the Christian faith. He was born around 460, and by the 600s, he was already known as the Patron Saint of Ireland.

There are many legends associated with St. Patrick. The symbol of the shamrock used for St. Patrick's Day comes from the story of St. Patrick using the shamrock to illustrate the Holy Trinity. The three-leafed plant coincided with the pagan religion's sanctity of the number three and is the root of the green color theme.

Cleaning up after a fun St. Patrick's Day celebration with family and friends? We can help... Call Virginia today at 949-350-6916 for a free estimate.



"When your needs and passions are stronger than your fears or hesitations, big shifts can happen to move you forward."

~ Virginia Culp ~

From Virginia's Kitchen...

Recipe: St. Patrick's Day Zucchini-Oatmeal Cookies

Most of the recipes I include in my newsletters, have been cooked, baked, and/or tasted by me.

For this cookie recipe, I did not make them yet. At CAPS, we keep it real.

I did want to pick a good and somewhat healthy cookie option. Of course, for St. Patrick's Day, I had to make sure there was some green color included in the recipe. There isn't a green dye in this recipe, just a healthy green vegetable.

Ingredients:

1/2 cup butter	1 1/2 cups grated zucchini	1 cup quick cooking oats
3/4 cup white sugar	1 1/2 cups all-purpose flour	1 cup granola
1 egg	1/2 teaspoon baking soda	2 cups semisweet chocolate chips
1/2 teaspoon vanilla extract	1 teaspoon ground cinnamon	

Preparation:

- 1) Preheat oven to 350 degrees F (175 degrees C).
- 2) In a medium bowl, cream butter and sugar until fluffy.
- 3) Stir in the egg and vanilla, mix well, and then stir in the shredded zucchini.
- 4) Sift together the flour, baking soda and cinnamon, stir into the zucchini mixture.
- 5) Finally, stir in the oats, granola and chocolate chips.
- 6) Drop dough from a teaspoon onto an unprepared cookie sheet. Leave at least 2 inches between cookies.
- 7) Bake for 10 to 12 minutes in the preheated oven.

Tip: The cookies will stay soft and moist because of the zucchini.

Servings: 24.

Find other recipes "From Virginia's Kitchen" at ClassActPersonalServices.com/community.htm.

CAPS Services...

Class Act Personal Services provides House and Office Cleaning, Organizing and House-Sitting services.

House and Office Cleaning – The CAPS Team is polite, punctual and focused on your particular house and office cleaning needs. We use soft micro-fiber cloths and high-quality vacuums with filter bags that trap fine dust. A variety of high-quality cleaning products is used. And we use both environmentally-friendly and traditional products.

Important: Everyone on the CAPS Team speaks **English**, which greatly enhances the services that we provide to all of our house and office cleaning clients.

For details regarding our **House-Sitting** and **Organizing** services... ClassActPersonalServices.com/services.htm.

Call Virginia today at 949-350-6916 for a free estimate.

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